

# Train the trainers

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6/11-2024

WP5



# Objectives

- The objective for this course is to
  - Prepare the trainee for teaching the module
  - To have advanced knowledge about the subject
  - To prepare learning materials
  - To be able to prepare and grade exam
  - To have knowledge on how to teach adults



## Step by step – how to plan time and activities

1. Preparation for the "Train the Trainers" course before the first meeting.
2. First meeting with personal trainer either online or physical meeting
3. Trainee presentation preparation and discussion, online
4. Readings and materials, online
5. Exams and assessments, online
6. Teaching adults in health care, online



# 1. Preparation for the "Train the Trainers"

## Pre-phase, self study for the trainee

- **Access to Materials:** All materials need to be available on the learning platform before the first in-person meeting.
- **PowerPoint Review:** The trainee should go through the PowerPoint presentation in advance.
- **Question Preparation:** The trainee is expected to prepare 5-10 questions for discussion at the first meeting.



## 2. First meeting with personal trainer either online or physical meeting.

- **Subject outline**
- **General discussion:** a general discussion on the subject
- **Presentation review:** The trainer and the trainee will discuss the presentations based on the prepared question in the pre-phase.
- **Adjustments for National Requirements:** If needed, discuss any adjustments based on national requirements.



### 3. Presentation preparation and discussion, online

- **Presentation Preparation:** The trainee prepares an adjusted presentation.
- **First Presentation:** The trainee presents to the trainer for the first time.
- **Discussion and Feedback:** Trainer provides feedback and discusses improvements.



## 4. Readings and materials, online

- **Course Material Discussion:** Review the readings and other relevant course materials.
- **Adjustments for National Needs:** Make any necessary adjustments based on national requirements.



## 5. Exams and assessments, online

- **Examination Discussion:** Review the possible examination content and structure.
- **Adjustments for National Needs:** Make necessary changes based on national requirements.





## 6. Teaching adults in health care, online

- Teaching adults principles
- **Discussion on specific requirements:** teaching health care professionals
- **Teaching health care professionals at different levels**
  - Physicians
  - Nurses
  - Assistant nurses
  - Other

